

Emergency 911

VR EMERGENCY OFFICE PROCEDURES FOR SUICIDE RISKS

****BE FLEXIBLE AND OBTAIN INFORMATION IN ANY ORDER****

OBTAIN INFORMATION

Name: _____
Address: _____
Current Location: _____
Gender/Client Type: Male Female Adult Transition
Specialist's Name: _____ Time of Contact: _____

LISTEN

- Be observant to background sounds or clues of the caller's whereabouts.
- Do NOT give specific advice or make judgments.
- Ask the caller if he/she is thinking about suicide.
- Keep the person on the phone and probe for more information
- Reflect their emotions.

ASSESS SUICIDE RISK (Get enough information to decide on action(s) to take.)

Does the caller have a plan? When/how: _____

"SLAP"

- Mark & describe any Risk Factors found:
- Specific**-Detailed well thought out plan
 - Lethal means** – Handgun, hanging, jumping from building, etc.
 - Access to means** – e.g., has a gun and bullet(s)
 - Privacy** – Are they alone In range of help People nearby

ADDITIONAL RISK FACTORS

- Intent to die Intoxicated Will not agree to meet with someone
- Hopeless/helplessness No connection with others Overwhelming Psych./phys. Pain
- If violent plan, will it effect, hurt or endanger others? How many/who: _____

RISK LEVEL AND PLAN OF ACTION

- Imminent** – Contact police/sheriff (911) for a Welfare Check. Notify VR Specialist (A.S.A.P.)
- Not Imminent** – Agrees to your support in contacting a counselor, pastor, doctor, family member. Notify VR Specialist by voice mail/e-mail or Meeting maker.
- Other** – Duty to warn others is indicated if homicidal thoughts present. Who to warn: _____

DOCUMENT INSTRUCTIONS GIVEN TO CALLER:

- Report action taken to Office Director and document in QUEST Task Notes
- QUEST Task Note reviewed and approved by Office Director. _____