3/2017



Individualized Plan for Employment (IPE) – Nebraska VR Provided Services

Name:			

Services	Who will provide?	Services start & end dates
Disability Awareness/ Personal Adjustment		
☐ Find out how my disability affects my life and work.		
☐ Find out how to manage personal crises.		
☐ Find out how to make better decisions.		
☐ Find out how to solve personal problems.		
☐ Receive assistance to follow through with VR and community services.		
Employment Services		
☐ Get leads on job openings.		
☐ Find a job that best matches my skills and needs.		
Employment Success Skills		
☐ Learn what behaviors employers want.		
☐ Learn to think highly of myself.		
☐ Learn to handle job pressures.		
Independent Living Exploration and Skills		
☐ Learn to live by myself.		
☐ Learn how to save energy and manage my time doing housework.		
☐ Learn how to dress for job success.		
☐ Learn how to budget and manage my money.		
☐ Learn how to use a bus.		
Independent Living Personal Management Skills		
☐ Learn how to solve personal problems.		
☐ Learn how to study.		
☐ Learn how to make decisions.		
☐ Learn how to set goals.		
Job Keeping		
☐ Do my new job the best I can.		
☐ Get used to the demands of my new job.		
☐ Get used to my supervisors and co-workers.		
☐ Get the help I need to keep my job.		
Job Seeking Skills		
☐ Learn the best ways to look for a job, write a resume and cover letter, fill out job		
applications, and successfully interview for a job.		
VR Provided Skill Building (Miscellaneous Training)		
☐ Acquire skills in a Nebraska VR skill-building program.		
☐ Skill building to operate basic technology (iphone, ipad).		
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Comments/Responsibilities:		
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Nebraska VR Section 4