

# Make Sure This Job is Right for You

You and VR staff will complete this page to compare the job you picked with what you said was important to you as you completed Step 1 *Discovery Activities* and career exploration activities.

## MY JOB GOAL IS:

|  |  |
|--|--|
| <b>Work Interests</b><br>Activity 1      | My interests support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:   |
| <b>Work Values</b><br>Activity 2         | My work values support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:   |
| <b>Work Preferences</b><br>Activity 3    | My work preferences support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:  |
| <b>Work Considerations</b><br>Activity 4 | My work considerations support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:<br><br>Given your work restrictions resulting from your disability will you be able to do this job?<br>Explain: <input type="checkbox"/> Yes <input type="checkbox"/> No<br><br>Will this job pay the salary you need? <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Will this job provide the benefits you need? <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Is the employment outlook favorable for this job in the location you want to work? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <b>Training</b><br>Activity 5            | My training supports/prepared me for this job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:   |
| <b>Job Skills</b><br>Activity 6          | My job skills support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:<br><br>My cognitive abilities support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:  |
| <b>Job History</b><br>Activity 7         | The tasks/duties I have done on past jobs and my personal qualities support my job goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:  |
| <b>Support Network</b><br>Activity 8     | My support network will support me in this goal. <input type="checkbox"/> Yes <input type="checkbox"/> No<br>Explain:  |

# Factors I Need to Consider Before I Get This Job

Now that you have selected a job goal you and VR staff will want to determine if there are factors that need to be considered prior to you preparing for, getting, and keeping this job. If there are factors that need to be considered, you and VR staff will determine what services you will need to address these factors.

**Please answer the following questions:**

## Disability Related Factors

Do you have medical/work restrictions that we need to consider as you prepare for, get, or keep the job you have selected? .....  Yes  No

## Financial Factors

Can you financially support yourself while you complete the steps necessary to prepare for, and get the job you have selected?.....  Yes  No

## Daily Living Factors

Is there anything pertaining to your daily living that will affect you preparing for, obtaining, and maintaining this job? .....  Yes  No

- Getting in and out of your home, getting to all parts of your home
- Childcare
- Housing
- Dress or hygiene

## Agency Factors

Are there other agencies or programs that could or will support you as you prepare for and look for the job you have selected? .....  Yes  No

## Work History Factors

As you pursue your job goal is there anything in your work history that will need to be explained to an employer in your resume or job interview? (i.e. termination, gaps in employment, disciplinary action, etc.) .....  Yes  No

## Job Seeking Factors

Is there anything you can think of that might affect your getting the job you have selected? .....  Yes  No

- Knowing how to explain legal convictions
- Clothes to wear to work or an interview
- I-9 Documentation
- Phone/e-mail
- Knowing how to find a job
- Knowing how to write a resume or complete an application
- Knowing how to explain my disability in an interview
- Passing a drug screening
- Transportation (drivers license, insurance, vehicle, access to public transportation, etc.)

## Job Keeping Factors

If there have been things on previous jobs that made it difficult for you to complete your job duties, or do your best work, will they affect your performance on the job you have selected? .....  Yes  No